

# Mott Poll Questions



## *Back to School*

*The following questions were answered by parents with children age 6-12 years old.*

Q1. How is your [x]-year-old child feeling about the start of the school year? *Select all that apply.*

1. Confident
2. Nervous
3. Hopeful
4. Excited
5. Grumpy
6. Other
7. Don't know

Q2. Does your [x]-year-old child have a medical or behavioral health condition that might require assistance at school? *Select all that apply.*

1. Medical condition (e.g., asthma, allergies, diabetes, epilepsy)
2. Behavioral health condition (e.g., autism, ADHD, anxiety)
3. None of the above

*[If Q2=1 or 2]*

Q3. What type of assistance does your child need to manage their medical or behavioral health condition? *Select all that apply.*

1. Emergency plan
2. Taking medication at school
3. Food restrictions
4. Classroom modifications
5. Limits on physical activity
6. Absences for appointments
7. Health services at school (e.g., speech therapy)
8. None of the above

[If Q2=1 or 2]

Q4. What have you done to set up assistance for managing your child's medical or behavioral health condition at school? *Select all that apply.*

1. Met with classroom teacher(s)
2. Met with other school staff (e.g., nurse, principal, secretary)
3. Got info / advice from child's healthcare provider
4. Got a formal plan (e.g., IEP, 504)
5. Provided written emergency plan / instructions to school
6. Other
7. None of the above

Q5. What are your concerns for your [x]-year-old child's overall well-being during the 2025-26 school year? *Select all that apply.*

1. General health (getting enough sleep, exercise, nutrition)
2. Keeping up with homework
3. Adjusting to new school / new teacher
4. Fitting in / making friends
5. Dealing with conflict (bullying, peer pressure)
6. Other
7. N/A – no concerns

Q6. How confident do you feel in helping your child have a positive school year?

1. High confidence
2. Medium confidence
3. Low confidence

Q7. For the upcoming school year, what parent programs should your [x]-year-old child's school offer to help parents learn how to support their child's health and well-being? *Select all that apply.*

1. What is "normal" behavior for child's age or grade
2. Supporting children's mental health
3. Social media trends / strategies to limit impact
4. Helping kids deal with conflict
5. How to use parent controls on phones, technology
6. None of the above

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