

Mott Poll Questions



Top 10

The following questions were answered by parents with children age 1-18 years old.

Q1. How big of a problem are the following health issues for children and teens across the US?

	Big problem	Somewhat of a problem	Not a problem
a. Bullying			
b. Child abuse / neglect			
c. Cost of health care / health insurance			
d. Child abduction / sex trafficking			
e. Child / teen mental health (anxiety, depression)			
f. Discrimination due to race or gender			
g. Drinking / using drugs			
h. Guns / gun injuries			
i. Inaccurate / misleading health information			
j. Infectious diseases			
k. Internet safety			
l. Lack of mental health services			
m. Lack of physical activity			
n. Obesity			
o. Over-involved parents / parents doing too much			
p. Parental stress			
q. Poverty			
r. Safety of food supply			
s. Safety of vaccines			
t. School violence			
u. Smoking / vaping			
v. Social media			
w. Teen pregnancy / sexual activity			
x. Too much screen time / use of devices			
y. Unequal access to health care			
z. Unhealthy diet			
aa. Worsening air and water quality			

Q2. Overall, do you think the **physical health** of children and teens in the US is:

1. Getting better
2. Getting worse
3. Staying the same

Q3. Overall, do you think the **mental health** of children and teens in the US is:

1. Getting better
2. Getting worse
3. Staying the same

Q4. What is the biggest question you have about your child's health?

[text box]

All information is the sole property of the University of Michigan C.S. Mott Children's Hospital National Poll on Children's Health. It can only be used if there is an acknowledgment that "The information came from, is copyright by and is owned by and belongs to the Regents of the University of Michigan and their C.S. Mott Children's Hospital National Poll on Children's Health. It cannot be republished or used in any format without prior written permission from the University."



**C.S. Mott Children's Hospital
National Poll on Children's Health**

Co-Director: Sarah J. Clark, MPH
Co-Director: Susan J. Woolford, MD, MPH
Poll Manager: Sara L. Schultz, MPS
Data Analyst: Acham Gebremariam, MS
Student Research Assistant: Callie Frisk
Contact: <https://mottpoll.org>
X: @CSMottPoll