

Mott Poll Questions



Potty Training

The following questions were answered by parents with children age 1-6 years old.

Q1. What is the current status of potty training with your [x]-year-old child?

1. Completely potty trained, including night
2. Mostly potty trained
3. In the process of potty training
4. Plan to start potty training
5. Not really thinking about it

[If Q1 = 1, 2, or 3]

Q2. At what age did you start potty training your [x]-year-old child?

1. Before 1 year
2. 1 year
3. 2 years
4. 3 years
5. 4 years
6. 5 years

[If Q1 = 1, 2, or 3]

Q3. How did you decide when to start potty training? *Select all that apply.*

1. Talked with child's healthcare provider
2. Parenting books/resources
3. Child seemed ready
4. Needed for daycare/preschool
5. Diapers were too expensive
6. Friends/family suggested it was time
7. Other
8. None of the above

[If Q1 = 1, 2, or 3]

Q4. What method(s) did you use/have you tried? *Select all that apply.*

1. 3-day potty training
2. Taking child to potty regularly
3. No diapers during the day
4. Rewards for going potty (stickers, treat)
5. Making it fun
6. No specific method
7. Other

[If Q1= 1, 2, or 3]

Q5. Was potty training/Has potty training been...

1. Easier than expected
2. Harder than expected
3. About what you expected

[If Q1=1, 2, or 3]

Q6. Did your child experience/Has your child experienced any of the following when potty training?
Select all that apply.

1. Regressions (child seemed trained but then started having accidents)
2. Constipation or encopresis (leaking poop into underwear)
3. Potty anxiety (child scared of toilet)
4. Night-time accidents
5. Other
6. None of the above

[If Q1= 1, 2 or 3]

Q7. What was/has been difficult about potty training? *Select all that apply.*

1. Parents too busy
2. Child was not cooperative
3. Started before child was ready
4. Started too late
5. Hard to coordinate between home and daycare/school
6. Family disruption (new baby, moving, etc.)
7. Other
8. Nothing was difficult

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